

December 13, 2018

BOREAL APPOINTS DIRECTOR THOMAS SÖDERQVIST

Vancouver, B.C., December 13, 2018. Boreal Metals Corporation (“**Boreal**” or the “**Company**”) (TSXV:BMX) is pleased to announce the appointment of Thomas Söderqvist as an independent, non-executive director effective January 1, 2019. Mr. Söderqvist is a mining professional with over 40 years’ of experience in the mining industry and is currently Senior Vice President of the Boliden Group (“Boliden”) based in Stockholm. He has held management positions in some of the most important companies in the Swedish mining industry including Boliden and Sandvik Mining and Construction (“Sandvik”). Mr. Söderqvist’s extensive knowledge of the Scandinavian mining industry and his vast network will bring a regional advantage to Boreal and support the Company’s strategic and exploration objectives.

“On behalf of the Board, I am delighted to welcome Thomas Söderqvist to Boreal. We continue to build a strong board with a combination of skills and expertise that will help achieve the Company’s strategic goals,” stated Karl Antonius, President and CEO. *“Thomas has extensive experience in Scandinavia with a unique network and strong relationships in the mining industry that will assist Boreal as we continue to implement our development strategy.”*

Mr. Söderqvist started his career in mining at age 18 with the Swedish mining company Boliden where he worked as an underground miner. After studies, he continued with Boliden and worked his way up to the position of underground manager. He joined Sandvik and participated actively in Sandvik’s acquisition of Tamrock which formed a new global equipment company in hard rock mining. During the Sandvik years, he spent five years managing the Canadian operations based out of Sudbury, Ontario. He then went on to manage Sandvik’s mining and construction business in northern, central and eastern Europe for six years and was promoted to Senior Vice President for Sandvik Mining and Construction. Mr. Södervqvist re-joined Boliden in 2012 as the General Manager of the Skelleftea field mines, and after four years was promoted to Senior Vice President of Boliden based in Stockholm. Mr. Söderqvist will from January 1, 2019 hold a position as Senior Advisor to the CEO of Boliden on a part time basis.

About Boreal Metals Corporation

Boreal is a mineral exploration company focused on the discovery of zinc, copper, silver, gold and cobalt deposits in exceptional, historical mining project areas spanning Sweden and Norway. The Company aims to discover new economic mineral deposits in known mining districts that have seen little or no modern exploration techniques. The Company is led by an experienced

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management team and technical team, with successful track records in mineral discovery, mining development and financing.

On behalf of Boreal Metals Corporation

Karl Antonius, President

For more information on Boreal please visit the Company website at www.borealmetals.com or contact Alexandra Woodyer Sherron at +1.604.922.8810 or info@borealmetals.com.

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Cautionary Note Regarding Forward-Looking Statements

This news release contains certain statements that may be deemed “forward-looking statements”. Forward-looking statements are statements that are not historical facts and are generally, but not always, identified by the words “expects”, “plans”, “anticipates”, “believes”, “intends”, “estimates”, “projects”, “potential” and similar expressions, or that events or conditions “will”, “would”, “may”, “could” or “should” occur. Although Boreal believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance, are subject to risks and uncertainties, and actual results or realities may differ materially from those in the forward-looking statements. Such material risks and uncertainties include, but are not limited to, Boreal’s ability to raise sufficient capital to fund its obligations under its property option agreements, to maintain its mineral tenures and concessions in good standing, to explore and develop its projects, to repay its debt and for general working capital purposes; changes in economic conditions or financial markets; the ability of Boreal to obtain the necessary permits and consents required to explore, drill and develop the projects and if obtained, to obtain such permits and consents in a timely fashion relative to Boreal plans and business objectives for the projects; the general ability of Boreal to drill test its projects and find mineral resources; if any mineral resources are discovered or acquired, the Company’s ability to monetize any such mineral resources; and changes in environmental and other laws or regulations that could have an impact on the Company’s operations. Forward-looking statements are based on the reasonable beliefs, estimates and opinions of Boreal management on the date the statements are made. Except as required by law, Boreal undertakes no obligation to update these forward-looking statements in the event that management’s beliefs, estimates or opinions, or other factors, should change.